

Little Angels



# Parent's Information Pack 2020



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Please also look at our full policies and procedures outside the office that support the welfare requirements.



## Welcome to Little Angels at Regents Park,

Little Angels first was established as a childminding business to make a difference to children and families within the local community. Little Angels expanded to provide Pre School, breakfast, afterschool club and holiday club from the Weaver Primary School in Nantwich. A vision and passion for high quality childcare with an outdoor learning environment saw the opening of Regents Park in September 2012, which is going from strength to strength and becoming a popular choice within the community offering full day care nursery facilities.

At Little Angels we work in partnership with you as parents and view your children as individuals. We respond to their likes and interests and build on this into their learning through small and large group activities and free play opportunities. We encourage your children to be strong, resilient and confident learners, who can communicate their needs to our Big Angels. We encourage your children to be creative in singing, and dancing, investigate, question and be inquisitive with the world around them. We show your children the world through discovery and play opportunities with a wide range of different materials and resources in a calm, natural environment, indoors, outdoors and within the local community. They learn to make bonds with our nurturing staff and with their peer's, these secure attachments help to build the foundation for your child's future. We encourage independence and life skills through out the whole nursery to help prepare your child for their transition into the next room as well as for school and life.

## Nursery and Home Agreement

Whilst your child attends Little Angels we aim to "Inspire young minds with purposeful play in a natural environment".

### **We will ensure:**

- That your child is in a risk assessed but appropriate risk taking environment to support their learning.
- Discuss your child's day, morning or afternoon with you daily and at regular times through out the year during Parent Chats.

All children attending Little Angels will now have a personal on-line Learning Journey which records photos, observations and comments, in line with the Early Years Foundation Stage, to build up a record of your child's experiences during their time with us.

We use Tapestry, a system which is hosted in the UK on secure servers. These servers conform to very high environmental standards and are proactively managed 24 hours a day. Each Tapestry account has its own database and the code itself is developed using hack-resistant techniques. Filenames are encoded for uploaded videos and images making Tapestry a safe and secure on-line Learning Journey tool. The benefits to yourselves from Tapestry being on-line means you will have secure access (via a website which you login to using your email address and a password) to your child's Learning Journey and, in addition to viewing our contributions, we encourage you to add to it by uploading photos and comments, or commenting on observations made by us.

Keep you informed with regular emails, posters and termly newsletters

- Inform you of how the nursery works and how we will conduct the day with your child during your transitional visits into the room.
- Inform you of all our nursery policies and procedures, our policies and procedures are available daily in our entrance hall.
- Plan rich and varied learning experiences inside and outside recognising that learning is part of life.
- Work together to develop independence and self-help skills through daily activities.
- Maintain and share pupil progress and assessment, informing parents of any areas of concern.

**We ask that you:**

- Send your child to nursery as regularly as possible. If your child is unwell or absent on any session we ask to phone the Nursery and let the Nursery know they will not be attending and why.
- Ensure that your child arrives and is collected on time, as late collection will impact on ratios and staffing.
- where possible let us know if your child cannot attend nursery.
- Inform us of any illness, injury or injections your child has had.
- Tell us if you have any worries or concerns.
- Name your child's belongings.

□ Let us know if you are unable to attend any nursery appointments.

□ Pay your fees promptly, not allowing arrears to accumulate otherwise a late payment charge will be added to your bill.

□ Don't send your child in with sweets, unless it is for a special occasion such as a birthday that can be shared with the other children.

□ Notify us immediately of any changes in home life circumstances which may affect your child's education, including home addresses or telephone numbers so that our records are current and up to date and we can ensure that we continue to keep your child safe.

□ if you have any concerns about any issues in the Nursery please speak to your child's room leader who will be happy to help. Also the staff members will be happy to answer any questions you may have. Debbie the nursery manager will be happy to assist in any concerns or queries.

## A warm welcome to Nursery Life at Regents Park

Thank you for choosing Little Angels Day Nursery and Pre School for your child and we look forward to sharing your child's journey with you. We are able to offer your child an early year's environment with opportunities to enhance their individuality and creativity in a natural and play based environment where outdoor play provides the foundation to the outstanding care that your child will receive.

Our strong ethos and motto that is embedded within all our settings is that Little Angels **"inspiring young minds with purposeful play in a natural environment"** remains at the centre of our provision.

Whilst learning through play each child is given the chance to be treated as an individual and we endeavour to meet the needs of all the children that attend Little Angels. We follow the Early Years Foundation Stage and are members of National Day Nurseries Association (NADA). The manager/Owner and staff attend Early Education training throughout the year when appropriate in order to continue to provide high quality care.

A previous Ofsted inspection has graded us as outstanding and we are always working to sustain and improve on the quality and care that we offer to the community.

## Aims and objective

- At Little Angels we aim to create a challenging, stimulating and happy learning environment for all children regardless of their ethnicity, culture or religion, home language, family background, specific requirement, gender or ability.
- The staff at Little Angels understand how this transitional time from home into Nursery can be very stressful for you and your child. We will endeavour to make this transition as smooth as possible so that your child can settle quickly. When first coming into the Nursery both you and your child are bound to feel a little strange and unsure, please don't. This information booklet is an outline of where things are, and how things run here at Regent's Park and to make your transition with your child from home into Nursery life smoother during this difficult and emotional time. We believe in developing strong partnerships with you from the beginning and will strive to promote this daily through our interactions with your child and sharing information about your child's wow moments, and independence, their wellbeing and engagement levels and any other information that you may require at arrival and departure times. We will also share this information in relation to your child's individual learning within the Early Years Foundation Stage.
- If you have any concerns or you would like to share any feedback to the staff in relation to your child or to the Nursery in general the staff are always available to listen. Sometimes it can be difficult to share information with the staff so if you would prefer to arrange separate meetings with Owner/Manager **Debbie Thelwell** then we can arrange this for you.

## General Information

- If you need to leave a car seat or pushchair we have limited space under the table in the entrance hall. Please can you collapse any pushchairs and place car seats etc away from the door under so the fire exit is not blocked.
- Limited parking is available in our 15 minute drop off points outside the Nursery. There is a larger car park on the right hand side as you drive into Regents Park that you are able to use.
- Please ensure your children and any other visitors to the Nursery use the pathways and walkways instead of walking across the car park in order to remain safe at all times. As there are many other services on the Regents Park site please can we ask that your

children walk safely with you and they do not run from the Nursery so they are safe from the traffic on site.

- Please remember that the Regents Park site operates a 5 M.P.H driving limit at all times.
- Regular information will be displayed in the nursery on various boards in all rooms. Please take time to read the boards so you can have an insight into daily life at Regents. Regular emails will be shared with you and please keep us updated with your current contact details so you can support your child. If you don't have an email or access to a computer please let a member of staff aware and we will provide a copy for you.
- Please do not bring your child into Nursery if they have a sickness or diarrhoea bug and they are unwell. Please keep your child off for a minimum of 48hours after the last attack. We have a duty to minimize the spread of infectious illnesses and we follow the guidelines from the Heath Protection Agency. Our sickness and illness policy can be found in our policy and procedures document in the entrance hall. There are times when the staff have the right to refuse admission if children are unfit and unwell with illnesses that may spread around to other families and children. We have a duty to minimise the spread of infection to others and we value your support in helping and supporting our staff to keep children healthy and safe.
- Please make sure your child has adequate clothing through out their time here at Little Angels. Please make sure the seasonal changes through out the year are reflected in your child's clothing e.g. sun hats, sun cream, hats and gloves. In order to help the staff and children please label all your child's personal belongings so that mistakes don't happen with lost belongings, although we can not always guarantee that items wont go missing. It is a good idea especially with hats and gloves that the children can recognise their own belongings. Brightly coloured hats and gloves make it easier for the children to find in the nursery and will help to aid their independence.
- As the summer months start to emerge please provide your child with adequate footwear whilst your child is at Nursery. Flip flops and loose sandals are unsafe for the children and can cause the children safety to be compromised whilst at Nursery. Please make sure all shoes during the summer months are shoes that the children can secure to their feet safely by Velcro or buckles so they can actively and safely take part in all Nursery activities.

## Guardian Angels and Key Person

- When your child starts at little Angels they are assigned to a member of staff who will become their Guardian Angel (key worker). They work in partnership with you the Parent/Carer and your child, enabling staff to build up a closer relationship in which we observe and assist in your child's development and plan for their next steps in an active way. Your child's Guardian Angel will be responsible for updating your child's learning journey through using a range of techniques such as observations, photography's and pieces of your child's work. Your child's Guardian Angel is responsible for tracking your child's development and for writing summaries three times a year.
- The Guardian Angel will be a member of staff whom the child bonds with and also a member of staff who is in the room when your child is. Due to our move ups through out the year your child's Guardian Angel may change and this will be reflected each term.
- Parents are encouraged to discuss their child's progress at any time with their child's Guardian Angel and staff members. Please inform your child's key worker when your child has their 2 year old check, as we will complete a summary of how your child is progressing in nursery to share with the health visitor. We do appreciate that drop off and pick up times are busy so please approach us and make a time that's convenient for you. Regular information and daily sheets in the Baby room and nursery will keep you updated on your child's day. All rooms have a menu and will share what food the children have eaten on a daily basis.
- We will be holding consultations three times in a year to share and discuss your child's progress with the revised Early Years Foundation Stage and through transitional times. We do offer an open door policy and welcome any Parent helpers once your child is settled and our safeguarding policy has been discussed. We would also require any regular Parent helpers to undertake a volunteer DBS (CRB) disclosure so that they are safe to work with children. Applications forms can be obtained through **Debbie Thelwell** or the office.

## Safety, Safeguarding and Taking risks.

- The safety of your child is paramount during their time at Nursery and Pre-School, our premises are risk assessed daily, this procedure is monitored and updated on a continual basis with any problems identified and dealt with promptly and notified to Debbie



Thelwell. We operate a signing in and out system as well as running self registration for the children (in Pre School), so at all times we know how many children we have on the premises. Only the Parent/Carer or pre-notified adults are allowed to collect the child from Nursery or Pre School unless there are special circumstances that have been agreed with the Management in case of an emergency. Passwords will be required when the regular adult isn't collecting and the staff will challenge and ask for the password before any child is released out of Little Angels care.

- Please do not allow other Parents in to the setting if you are entering or exiting the building. In order to safeguard the children only staff members can allow Parents and known adults into the building. We appreciate that it can be very difficult especially if Parents know each other but as a company we have a duty of care to safeguard the setting and ensure everyone is safe.
- We do not allow the use of mobile phones, or cameras in the Nursery and ask all visitors to switch off their phones before we go into the Nursery. All visitors staying within the nursery will be required to sign in our Visitors book in the entrance hall and sign out on departure.
- If you wish to make a phone call you are able to use it in the entrance hall. If your phone does ring when you are in the Nursery you will be challenged by members of the team and will be asked to leave the Nursery and go to the entrance hall. We keep the identities of our Little Angels safe at all times from the outside world and look forward to your support again in keeping all the children safe.
- Please be aware to all Parents of the Toddlers and Pre School children that attend between the hours of 9-3 that the Pre School gate will only be open for 10 minutes at the start and end of every session. This is to maintain the safety of all the children in the Nursery and will support our staff to being able to take small groups of children outdoors for their key worker time. Any Parents coming after the 10 minutes please ring the buzzer for the Office and the office staff will bring you down into the room.
- Please note that during play children will fall and possibly bump, bruise and graze or cut themselves. We have trained first aiders on the premises at all times and have a duty of care to safeguard and protect the children attending the setting. For this we record any incoming accidents and accidents that happen in the setting in our accident book. If your child's name is highlighted on the register please sign the accident book and a member of

staff will explain the circumstances. We also have a duty of care to report any safeguarding concerns that we have to the local safeguarding board and follow Cheshire East's safeguarding policy at all times. Please read our policy located in our Policy and Procedures folder in the entrance hall so that you are aware of how we safeguard your child whilst attending Little Angels.

- Each room has a Safeguarding board displayed with all the relevant information and contact numbers for the front door service (**ChECS**) if staff members or Parents have concerns about a child's welfare. The contact number is 0300 123 5022. A verbal consultation with **ChECS** will identify any concerns to a level of need. There are four levels of need, which are Universal, Targeted, Complex or Specialist. Any concerns that are reported to the front door service the families will be informed immediately. Appropriate services and action will commence.

#### Transitions with our local Schools and between other settings.

- We have links with the local Primary schools and have transition meeting with all the Reception teachers during the summer term for the children attending school in the following September. We believe in working in partnerships with the local school's to help with your child's transition in their Pre School year so that visiting big school becomes part of their routine and less traumatic for your child. With consent from the Parents we will share information about the children during the transitional meetings. We will share information about routines, physical independence, socially and emotional aspects, and how the children communicate within the setting supporting the Prime areas of the EYFS (Early Years Foundation Stage).
- We also have links with local Pre Schools and Nurseries within the community if children attend more than one setting. Copies of our summative reports will be sent out to the other providers upon gaining consent from the Child's Parents. We will also like to send our staff to the other setting so we can see the children in a different environment.

## Transitions between rooms at Regents.

Our transitional times throughout all the rooms within the Nursery are September, January. This ensures that we are able to maintain the correct staffing ratios throughout the Nursery and that children are able to move through with their Peer's rather than on an individual basis. Before children are due to move into the next room we will organize visits into the next room ensuring that the relevant information about the children is shared from one Guardian Angel to another. Joining up at breakfast time and after teatime also provides opportunities to use to get familiar with the other rooms in the Nursery.

## Home Visits

Before your child starts with us you or at anytime you have the opportunity for a home visit if you require. A member of staff will come for an hour to build up relationships and get to know your child in their own familiar environment. At Little Angels we offer three initial nursery visits. The first one is for your child to investigate the environment and for our staff to go through the Nursery routine and to discuss your routine at home. We then offer an hour visit where you stay with your child so you can gain an insight into Nursery life. We then will arrange another visit just before your child's start date and on that visit we would ask that you leave your child with us for one hour.

## Additional Sessions

As your child grows in confidence, if you wish to make any changes to your original booking we will require a minimum of 4 weeks notice before any amendments can be made although this depends on availability and staffing. However due to our move up's through out the Nursery and staffing requirements any changes may have to be with our transition times through out the year which are September, January. This ensures us that we can continue to maintain the appropriate staffing requirements and welfare requirements at all times.

## Payment and Fee's

Fees are invoiced monthly, two weeks in advance of the month. We have 14-day payment terms apply and therefore fees are due at the beginning of the month. We accept cash payments, card payments and electronic methods of payment and childcare vouchers all are accepted at the Office. If there are any concerns about invoicing please email Chris at the office and she will be able to deal with any issues.

Chris works Monday to Wednesday her email address is [chrisb@littleangelsnurseries.co.uk](mailto:chrisb@littleangelsnurseries.co.uk).

Please note that the staff do not deal with the invoices and are unaware of the invoices that are sent out so are unable to answer any queries that you may have. Please contact the office to answer any queries.

**Late collections of your children and failure to meet the invoice payment due date; will incur a late collection/payment charge which will be added to your next invoice. Late collection charges are £10.00 per 15 minutes. For further details please refer to your policies and procedures of your parental contract agreement.**

**It is essential that all Parents adhere to the drop off and collection times booked, failure to meet this requirement has a massive impact on our staffing ratios. This applies to all children that are booked in on sessional care or full day care.**

If there continues to be a non-payment of fee's additional processes will be adhered to and your child maybe refused entry. The management team will discuss will you any special consideration and under exceptional circumstances a weekly payment plan maybe agreed. Please refer to your Parent contract for further information.

### Early Years Entitlement for 2, 3, 4 year olds.

Funding for two, three and four year olds is available with the Early Years Entitlement on the completion of the grant funding forms each term and is for 15 hours funding per week. Parent's are able to use their funding with other shared providers as well as our other site at the Weaver. At Little Angels we accept a variety of childcare vouchers so please speak to Chris or the office who will be able to confirm arrangements in using them with us at Little Angels. Any questions about sessions at our Regents or Weaver site please speak to the office.

### Nursery Cook

Moira Owen is our Nursery Cook and works for us full time. Moira qualified with her food and hygiene to Level 3 and became a successful baker for many years. She has gained experience in baking bread, cakes and pastries using a variety of methods and ingredients. She is able to cook and budget for large quantities of numbers and can adapt menus to reflect the seasonal changes throughout the year. As an active member of a local swimming club, Moira has lots of experience of catering for competitive athletes and has a detailed understanding of providing nutritional menu's and how to offer a balanced and healthy diet. No salt is added to the cooking and salt and

sugar levels are also monitored ensuring that a healthy balanced diet is reflected through out her cooking.

To develop her experience in preparing food and cooking Moira has gained experience in working with vulnerable ages of children and adults. She has gained experience of working with dietary requirements such as diabetic, dairy intolerance's and cultural requirements.

Moira qualified at South Cheshire College with Level 3 in catering and has been providing nutritional menus for the last 16 years. She has been able to mentor students at college during hospitality and catering courses at all levels ranging from entry level to level 3. Moira prepares fresh meals using local suppliers. Moira will work closely with the Parents and if you wish to let us know of your child's eating habits for example fussy eaters, we can work together to improve this. Moira will meet with parents when children have allergies and intolerances to discuss and meet your child's dietary needs.

## Food Sources for Little Angels

For us at Little Angels it is important to support local businesses within the community and to source our food locally.

Our supplier for our vegetables and dry goods is a company called 'Fresh view foods Ltd'. They deliver regularly and are based in Staffordshire and we still use local supermarkets when required.

**Please be aware that at all sites Little Angels is a nut free zone so please check the ingredients of the food that you may supply in your child's lunch box as we have children that attend our setting with severe nut allergies.**

## Menus

We will update our menu through out the year and take into consideration seasonal fruit and vegetables so the children have the opportunity to taste a variety of different foods and foods from around the world. We will support the transition for Babies onto weaning foods and can provide this in two stages. Stage one is puree' foods such as vegetables and fruit and stage two is small amounts of meat and vegetables and allows your baby to experience different textures and tastes to support baby lead weaning. When food is prepared we will be able to liquidise the food so that we can cater for all the needs in the baby room.

There will be a breakfast menu offered to the children, which will allow them the choice of a cereal option or an alternative option such as, toast or yoghurt. This will be reviewed throughout the year and changed when required depending on the seasons.

## Packed lunches

We ask that if you provide a packed lunch for sessional care that it's in a named container including an ice pack to keep the contents cool in the warm classroom environment. We ask in accordance with our healthy eating policy that no fizzy drinks or sweets are sent and sugary/fatty foods are kept to a minimum. Please remember that lunchtime is 30 minutes at the end of every morning session. In order to help your child develop their independence please see our notice board for healthy lunch box ideas or visit Cheshire East's website for healthy lunchbox ideas or by visiting.

<http://www.schoolfoodtrust.org.uk/schools/projects/packed-lunches/packed-lunch-ideas>.

<http://www.childrensfoodtrust.org.uk/parents/nurseryfood/packedlunches>

## Holiday Club

We also provide holiday club sessions through out the year for 3year olds - 11year olds from 7.30am-6pm if you require childcare in the holidays. The holiday club is based at our Weaver site, which is based within the Weaver Primary School. The holiday club is a good way of transitioning from a Nursery to a School environment if you feel that the older setting would benefit your child.

Bookings for the holiday club can be made at the office. And they will email out a holiday programme outlining activities and registration forms so that places can be booked. Office email address is: [office@littleangelsnurseries.co.uk](mailto:office@littleangelsnurseries.co.uk). Please speak or email the office or see a holiday programming with pricing and more information.

## Uniform

Wearing a uniform makes life easier for you and your child, we believe children learn through active involvement in all activities and sending your child in designer clothes and their best clothes isn't the best idea. Please send your child in clothes that are easy for your child to take on and off promoting independence especially when using the toilet. We have found that buckles,

clasps and belts make this difficult when your child requires the toilet or wants to be independent in changing themselves especially for P.E sessions. Jogging bottoms and loose trousers are easy for children as well as leggings so we can minimise the amount of toilet accidents that your child may have.

We have grey sweatshirts, polo shirts and t-shirts available to order with the Little Angels logo on so your children can play and explore different activities without worrying about getting dirty Please visit our online shop at [www.myschoolstyle.com](http://www.myschoolstyle.com)

Children should have a change of clothes in case of accidents (these can be non uniform) in a bag on their peg.

**At Little Angels as part of the uniform we require all the children to have wellies and a waterproof coat and trousers to enable them to use outdoors regardless of the daily weather daily. Outdoor play is a big part of our provision and the children will be outdoors in all weathers and we look forward to your support in encouraging your child to participate in this valuable experience.**

### **We ask that all belongings are clearly named.**

Every child at Little Angels has a place for their belongings to take home artwork and letters, and their creations that they have made. Please check these regularly as they can often fill up quickly. If you don't have access to an email account please let the staff know and they will supply you with paper copies of regular updates and letters. We have a face book page Little Angels Childcare and Nurseries, which we updated regularly with things that have been happening within nursery. Online tapestry updates regular activities and learning experiences.

### **Arrival and departure**

**Your child's safety is always of paramount concern whist they attend Little Angels so therefore we have put into place a number of safety procedures for picking up and dropping off your child. If Parents are arriving between 7.30-9.00 or 3.00-6.00 please enter the Nursery at the main door by pressing the appropriate room buzzer.**

## Dropping off

For all Parents that have booked their child/children in for full day care (7.30-6.00) please enter through the main door and press the appropriate room buzzer. If your child is in the Toddler 2 room and Pre School room and only attends between the hours of 9am-3pm (sessional care) please use the side entrance to the building so that we can keep the disruption to the other rooms a minimum. A member of staff will open the outside gate minutes prior to the session times so again we can ensure that all the children are safeguarded at all times. If you need to collect your child early please enter the Nursery at the front and ring the buzzer, as it will not be convenient to open up the side door during the day.

## Closing the Pre School entrance

Please be aware we close the Pre School entrance door 10 minutes after opening. This is so the door isn't open for a long period and the children safety isn't compromised. If you arrive after this time please ring the office buzzer and the staff in the office will bring you down into the room. The staff will be working in with their small groups at this time so will be unable to let you in. Thank you for your co-operation.

## Collection

When collecting children at the Nursery between (3.00-6.00) please enter through the main door at the Nursery by pressing the buzzer for the room.

## Sick children

We would appreciate your support in helping to stop the spread of contagious/ infectious childhood ailments. These include sickness and diarrhoea, conjunctivitis, rashes, head lice, threadworms etc and that you seek the necessary treatment.

Please do not send your child for 48 hours after the last bout of sickness or diarrhoea and on starting antibiotic's even if your child has had them before, as they can still have a reaction. We ask that you inform the nursery before 9.00 if your child will not be attending. If a child is off sick we cannot refund or credit sessions for non-attendance. Medicines must not usually be administered unless they have been prescribed for by a doctor, dentist, nurse or pharmacist (medicines containing aspirin should only be given if prescribed by a doctor). Please see table at the end of the Welcome Pack.



We reserve the right to refuse entry of an ill child until such time as we are satisfied that he or she is not ill or infectious. We appreciate that this would be inconvenient to parents but, please do not be offended. We are considering the wellbeing of everybody in the nursery.

## Working closely with Parents and Carers

Here at Little Angels we believe in working closely with Parents and Carers helps to build up a good relationship with families and bridges the gap between Nursery and home. Therefore we ask you to complete the registration forms and return them to the Nursery if you haven't already as well as the one page profile and information about your child.

Please inform us of any changes in your child's family background that may affect them no matter how big or small.

If you feel your child would benefit from additional visit sessions with you before starting, then please notify staff in order to arrange a convenient time and date. If you would like a home visit staff can come out and meet you and your child, through photos and toys they can explain about things we do at Little Angels.

## What to bring to Nursery

### Baby Room and toddler 1

You will need to bring in enough nappies for your child each day and any nappy creams your child may need.

Teething gel and a bottle of Calpol labelled to be stored in the room.

Please ensure all of this is clearly named.

Labelled formula or breast milk which will be stored in the baby fridge. We can also store breast milk in the freezer if required.

Spare sets clothes in a named bag

Any comforter your baby may have during the day for example a dummy, special teddy bears etc

### Toddler and Pre School

There are a number of things your child will need to bring to nursery with them when they start.

These things will include:

- A change of clothes (labelled in a bag) to leave on their peg.
- Outdoor shoes or Wellies, a waterproof coat and trousers (these can also be left at nursery if necessary).
- Comforters (not games or toys). Please note that staff cannot be held responsible for any broken items that have been sent in from home. As we like to spend as much time outside as possible, even during the colder months, please ensure your child has suitable clothing for example hats, gloves, suitable shoes etc.
- During the summer months you will need to supply a sunhat, which gives protection of the face, and neck and a named bottle of sun - cream with a high factor, which can be applied during the day, please refer to our sun safety policy.
- Please remember that children enjoy having fun and getting messy, and although we do encourage them to wear any apron during all messy activities we do advise that you do not send your child to nursery in "best clothes.

Please ensure that you supply these items, as we want your child to be as happy and comfortable as possible at Nursery and Pre School.

### Potty Training

Many Parents are unsure on when to start potty training their child and can be often under pressure to start too early. Not all children are ready at the same age, so it's important to watch your child for signs of readiness, such as stopping an activity for a few seconds or clutching his or her nappy. Most children start to show some signs between 18 and 24 months, although some may be ready earlier or later than that. Boys can often start later and take longer to learn to use the potty than girls. Instead of using age as a readiness indicator, look for other signs that your child may be ready to start heading for the potty, such as the ability to:

- Follow simple instructions
- Understand words about the toileting process
- Express a need to go verbally or become distressed at a wet or dirty nappy
- Keep a nappy dry for 2 hours or more
- Get to the potty, sit on it, and then get off the potty
- Pull down their nappy, disposable training pants, or underpants
- Show an interest in using the potty or wearing underpants

Timing is critical to the success of potty training and so is the time of year. It can be easier for a Parent and child to start potty training in the summer months and where there may be fewer distractions such as having to do a school run.

If you Google ERIC'S tips on potty training, they offer simple tips to help and support you and your child through this stressful time. Please remember to start potty training if your child shows signs not just because other Parents are doing it. All our staff will support you and your child with this change and will work in partnership with you. All we would ask is that you provide enough changes of clothes in case of any accidents. Further information can be found by clicking on ERIC's guide to potty training as well as other sites.

[http://www.eric.org.uk/assets/Home&dryPottytraingLeaflet\\_web%20%203.09%20%20red.pdf?PHPSESSID=6hh76211u4gfbb04cm01c93m55](http://www.eric.org.uk/assets/Home&dryPottytraingLeaflet_web%20%203.09%20%20red.pdf?PHPSESSID=6hh76211u4gfbb04cm01c93m55)

We thank you for your co-operation and look forward to welcoming you and your child to Little Angels Day Nursery and Pre School where we aim to

**“Inspire young minds with purposeful play in a natural environment”**  
that fosters the individuality and creativity of your Little Angel”



### Sickness and Diarrhoea

If your child has sickness and/or diarrhoea, please keep them at home for 48 hours after the symptoms have finished. We follow guidelines from the Health Protection Agency, and this is what they advise.

This table shows you when they can come back to nursery.

If your child was last sick/had diarrhoea on a...	They can come back to nursery on the...
Monday	Thursday
Tuesday	Friday
Wednesday	Monday
Thursday	Monday
Friday	Monday
Saturday	Tuesday
Sunday	Wednesday

We appreciate that having sick children at home can be difficult - particularly if you work, but if children come back too soon, the bug will continue to spread. Thank you very much for your support with this.